

Mini-Minerals - THE ULTIMATE MINERALS

Haven't you noticed more people than ever take calcium supplements while more and more people including those taking the calcium develop osteoporosis?

When you go into a Health Food Store or supplement store have you noticed the wide variety of Calcium supplements?

Sometimes as many as ten different types of calcium may be available. The reason for all these types is that no one really understands minerals or knows exactly what type the body really wants and needs.

Most all of them are combined with something which makes the body not recognize it and much too high of milligrams are needed to try and fool the body into absorbing just a little of it.

These compounds are man-made compounds. You notice they all seem to end with "ate", 'citrate', picolinate, Gluconate, etc. The body has to try to break these compounds down to get a little of the mineral to use.

After years of study and testing by using all types of calcium and seeing what minerals are in the body and how much we really use each day it was obvious that no one had the perfect minerals so we decided to produce our own.

Mini-minerals are not man-made however. We have learned how to grow the minerals in a crystalline form and then we just harvest them. We create the environment, God makes them grow and we just gather them.

It is obvious that the best minerals would be extremely small in fact well over a million times smaller than a colloidal mineral, **that would be the right size.**

The mineral would not be a ground-up power of an element but a grown crystal, **which is the right form** and it would be **ionic**, meaning it would stay suspended in a water solution.

The end results are minerals that are the perfect building blocks of life and they actually have the ability to solve some of life's problems.

The **(MINERALS OF LIFE)** give people all the trace minerals needed plus a small amount of the major minerals we need.

Muscle testing takes on a whole new meaning when you test with these minerals!

By combining our *Multi-Mineral* product **(MINERALS OF LIFE)** with our *Magnesium/Calcium* product **(BONE SUPPORT)** you will have the correct combination and amounts of the major minerals needed by the body. We produce over 22 individual minerals plus a number of combinations.

These minerals require no digestion or enzyme activity to be absorbed.

Understanding "Mini-Minerals," How Much to Take

When the recommended milligram system was set up well over a half century ago, the available minerals were not very absorbable so very high milligrams had to be recommended just to get a little to be absorbed.

When using complex or colloidal elements, it is estimated that the human biology will be able to breakdown and absorb about 1% or at best maybe 5%.

So, if the recommended dose is 2,000mg's daily of a complex element, to derive the approximate need of a mono-atomic element, multiply by 1% probable absorption to get the answer.

2,000 X 1% = 20mg.

So, 20mg's of Mini-minerals in the right form may be better than 2,000mg in the wrong form.